

LQ: What is Yom  
Kippur?

Check on our learning from last week:

- What Rosh Hashanah means
- How Jewish people celebrate the festival
- To know why the shofar, apple and honey are important.



# What is Yom Kippur?

Watch one of the videos which will help to explain the festival.

<https://www.bbc.co.uk/bitesize/topics/znwhfg8/articles/z4vvjhv>

<https://www.bbc.co.uk/programmes/p02n2jc5>

- The 10 days between Rosh Hashanah and Yom Kippur are called days of repentance which is a time when Jewish people think about their actions over the last year.
- If they have done something wrong then they can try and put it right. They ask for God's forgiveness and promise not to do it again.

## What happens on the day of Yom Kippur?

- Jews mark Yom Kippur by fasting for 25 hours - this means they do not eat any food.
  - They wear white clothes
  - They spend a lot of time in the synagogue where they spend the day praying.
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- On Yom Kippur God makes the final decision about what the next year will be like for each person. If people have made up for their sins they will be granted a happy new year.

## This is the story that is told at Yom Kippur

When the Israelite's left Egypt, they went to Mount Sinai. Moses climbed to the top of the mountain and God gave him two tablets with the Ten Commandments on them.

The first commandment told people that they should not worship anyone other than God. However, when Moses went down the mountain, he found the Israelites worshiping a golden calf.

Moses was so angry that he threw the sacred tablets on the floor and they shattered. The Israelites then atoned for their wrongdoing. God forgave them and gave Moses a second set of tablets.



Is there anything you would like to say sorry for?

Draw a picture of yourself and write what you would like to say sorry for in a speech bubble.

© Do you think it is important to say sorry? Why?

